

Workshop Pricing

Corporate Retreat & Offsite Workshops

45-minute transformative sessions for company offsites and team retreats

Group Size	Investment	Per Person
Intimate 15-25 people	\$10,000	\$400-667 per person
Standard 26-50 people	\$15,000	\$300-577 per person
Large Group 51-100 people	\$20,000	\$200-392 per person
Conference 101-200 people	\$25,000	\$125-248 per person

What's Included

- Pre-workshop consultation with leadership to customize content
- 45-minute transformative session (can extend to 90 minutes for larger groups)
- Participant materials and take-home resources
- Post-workshop summary and recommendations
- Travel within greater DC/MD/VA region (additional for other locations)

Available as Follow-Up Services

Quarterly Team Sessions: 3-4 workshops per year at same rates for sustained impact without weekly commitment.

Executive Coaching: Private sessions for leaders who experienced the workshop and want personal techniques for high-stakes moments (see Executive Coaching Pricing).

Ongoing Team Program: Weekly 45-minute sessions for teams ready to commit to long-term cultural transformation. Custom pricing based on team size and commitment length.

Why This Investment Makes Sense

Corporate teams typically budget \$500-\$2,000 per employee annually for learning and development. At our Intimate tier (\$10K for 25 people), you're investing \$400 per person for a session that:

- Provides immediately applicable techniques for stress management and focus
- Creates a shared experience that builds team cohesion
- Often becomes the most-remembered part of company retreats
- Serves as foundation for ongoing development opportunities